Creating a Forest Garden
Working with Nature to Grow Edible Crops

By Martin Crawford, Photographs by Joanna Brown

Keynote
This book tells you everything they need to know to create your own forest garden with beautiful illustrations and helpful tips throughout.

Description
Forest Gardening or Agroforestry is a way of growing edible crops with nature doing most of the work. Modelled on young woodland, a wide range of crops is grown in vertical layers. Species are chosen for their beneficial effects on each other, creating a healthy system that maintains its own fertility, with little need for digging, weeding or pest control. Whether a small area in your back garden or a larger plot, here is advice on how to create a beautiful space with great environmental benefits from planning and design (using permaculture principles) to planting and maintenance. With a changing climate, we must grow food sustainably, without compromising soil health, food quality or biodiversity and Forest Gardening offers an exciting solution to the challenge.

Creating a Forest Garden also includes a detailed directory of over 500 trees, shrubs, herbaceous perennials, annuals, root crops and climbers – almost all of them edible and many very unusual.

As well as more familiar plants you can grow your own chokeberries, goji berries, yams, heartnuts, bamboo shoots and buffalo currants.

The Author
Martin Crawford has spent over 20 years in organic agriculture and horticulture, and is director of the Agroforestry Research Trust, a non-profit-making charity that researches into temperate agroforestry and all aspects of plant cropping and uses, with a focus on tree, shrub and perennial crops. The Trust produces several publications and a quarterly journal, and sells plants and seeds. See www.agroforestry.co.uk for more information.