



green books

Advance Information

How to Grow Perennial Vegetables

Low maintenance, low-impact vegetable gardening

Martin Crawford

Keynote

The first hardback edition of the practical guide to growing perennial vegetables by the guru of forest gardening. 9,000 copies of previous edition sold.

Endorsements

"I admire tremendously the first-hand experience which informs Martin Crawford's writing. This book leads us down the path to a wealth of perennial vegetables and tells us how to combine them successfully" **Anne Swithinbank, gardening writer, BBC Gardener's World presenter**

"A really useful book... Let us start freeing ourselves from the tyranny of the annual sowing, thinning and planting regime" **Bob Flowerdew, BBC Radio 4, Gardeners' Question Time**

"This lovely book makes it clear that we are not just missing a trick, we are missing a feast" **Hugh Fearnley-Whittingstall, River Cottage TV presenter, environmental campaigner**

Sales and Marketing Highlights

- Written by the author of *Creating A Forest Garden* (over 15,000 copies sold)
- 116 edible perennials, with a harvesting guide and beautiful color photographs
- How to grow tasty vegetables and protect the ecosystem at the same time

Description

How to Grow Perennial Vegetables provides comprehensive advice on all types of perennial vegetable – from rhubarb to skirret, Jerusalem artichoke to nodding onions. It explains why and how to grow these crops and how to cook them. Perennials:

- Require a lot less time and effort than annuals.
- Extend the harvesting season, especially in early spring.
- Are often better than annual vegetables for beneficial insects in the garden.
- Contain more mineral nutrients than annuals.

This book is an essential source of information and inspiration for every gardener.

Audience

Similar titles include:

- *Creating a Forest Garden*, Martin Crawford
- *Forest Gardening*, Robert Hart
- *Perennial Vegetables*, Eric Toensmeier

Contents

Foreword by Hugh Fearnley-Whittingstall

Part 1 An introduction to perennial vegetables

1. Why grow perennial vegetables?
2. Growing perennial vegetables

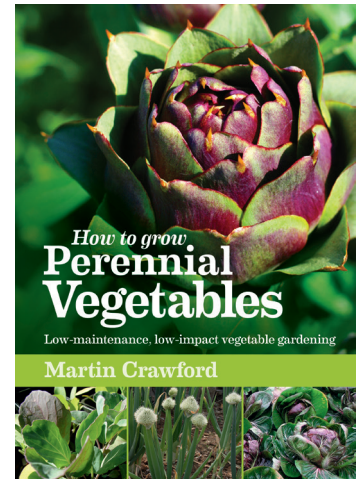
3. Maintenance of perennial vegetables

Part 2 Perennial vegetables

A–Z Appendix: Common and Latin names
Resources

The Author:

Martin Crawford is the founder of the Agroforestry Research Trust, where he grows fruit trees, nut trees, and perennial vegetables in a forest garden. He is best known as author of *Creating a Forest Garden*, *Food From Your Forest Garden* and *How to Grow Your Own Nuts*.



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