The Politics of Sufficiency
Making it easier to live the Good Life
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Description
“Growth” is the only political, economic and social goal recognized today. But it brings us up against the ecological limits of the planet – and against the increasingly widespread recognition of the fact that material wealth alone cannot make us happy. For this reason, ever growing numbers of people are seeking and discovering alternative and sustainable ways of living. This is to be welcomed, but it is not enough. We need a politics of sufficiency that will make it easier to live with fewer resources but with stronger relationships. This book outlines the political framework and policy guidelines that will enable us to reduce the speed, complexity, clutter and commercialization currently blighting our lives. And it demonstrates what that would mean in practice for where we live, how we get around, and how we eat, work and learn.

Contents
• What this book is for
• The politics of sufficiency — Why the Good Life is a political issue
• Chapter I: Framing — The prospects for a new institutional politics
• Chapter II: Orienting — The right measures for time and space, property and the market
• Chapter III: Shaping — Mobility, Housing, Food: implementing policies for the Good Life in practice
• Chapter IV: Enabling — Creating resources for sufficiency through employment, education, health and consumer policy
• Chapter V: Civil society, business, and research as agents of the politics of sufficiency
• Conclusion
• How to contribute to the politics of sufficiency

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